

Oxford City AC Veteran men

Events	Time Distance	Name		Fixture	Venue	Date
100m	11.80	Michael Barough	M35	Vets League - West Div	Horspath	Monday April 30th 2018
100m	11.57	Michael Barough	M40	British masters champs	Birmingham	25th August 2018
100m	12.50	Dominic Swords	M50	Vets League - West Div	Tilsley	19 June 2006
100m	12.50	Chris Padmore	V55	Vets Match - Final	Battersea	03 September 2006
100m	15.20	Bruce Charles	M60	Vets Match - Final	Battersea	03 September 2006
200m	24.5	Michael Barough	M35	Oxford City Open Graded	Horspath	24th May 2017
200m	23.60	Michael Barough	M40	SAL	Kingston	18th August 2018
200m	25.69	Christopher Padmore	M50	British Masters	Lee Valley	04 March 2007
200m	25.70	Dominic Swords	M50	Vets Match - Final	Battersea	03 September 2006
200m	30.80	Stewart Thorp	M60	Vets League - West Div	Abingdon	28th May 2012
400m	54.10	Michael Barough	M40	Southern Athletics League	Ashford	30th September 2018
400m	54.86	Dominic Swords	M50	Watford open	Watford	12 July 2006
400m	67.15	Stewart Thorp	M60	Vets Match - Final	Ashford	03 September 2006
800m	1:59.33	Les Newell	V35	Oxford City Open Graded	Horspath	14 August 2013
800m	2;02.23	Dominic Swords	M40	BMAF	Birmingham	1st September 2013
800m	2;02.36	Dominic Swords	M50	GB vets	France	25 June 2006
800m	2;27.5	Gareth Jones	M60	Vets League - West Div	Bracknell	03 July 2006
1500m	4:03.33	Les Newell	V35	Watford Open	Watford	21 August 2013
1500m	4;17.0	Steve Overton	M40	Vets League - West Div	Tilsley	08 May 2006

1500m	4:24.90	Julian Richardson	M50	Watford Open	Watford	Wednesday 23rd August
1500m	4;59.74	Gareth Jones	M60	British masters champs	Birmingham	09 July 2006
3000m	9;09.3	Steve Male	M35	Vets League - West Div	Tilsley	16 July 2007
3000m	9;24.1	Brian Green	M40	VETS final	Battersea	11 September 2005
3000m	9;52.6	Richard Grant	M50	County Champs	Horspath	14 May 2006
3000m	10;22.3	Gareth Jones	M60	Vets League - West Div	Bracknell	03 July 2006
5000m	15;43.4	Steve Male	M40	VETS west division	Abingdon	20 June 2005
5000m	16;17.9	Brian Green	M50	British Masters Champs	Birmingham	28 July 2007
5000m	17;43.9	Gareth Jones	M60	British masters champs	Birmingham	09 July 2006
10000m	35;54.2	John Exley	M50	British masters champs	Birmingham	09 July 2006
10000m	37;20.93	Gareth Jones	M60	British masters champs	Birmingham	09 July 2006
HM	88:37	Stewart Thorp	M60	Oxford Half Marathon	Oxford	13th October 2013
2000m walk	9;31.2	Graham Chapman	M40	Vets Match - Final	Battersea	03 September 2006
2000m walk	9;55.2	Graham Chapman	M50	Vets League - Final	Ashford	19 August 2007
3000m S/C	11;40.8	Trevor Dixon	M35	Vets League - West Div	Tilsley	14 April 2007
3000m S/C	11;46.5	Trevor Dixon	M40	VETS west division	Abingdon	09 May 2005
3000m S/C	12;04.2	John Exley	M50	VETS west division	Abingdon	09 May 2005
100mH	22.20	Bruce Charles	M60	British masters champs	Birmingham	09 July 2006
110mH	17.50	Ian Marriott	M40	BMA Decathlon	Sheffield	1993
300mH	57.94	Bruce Charles	M60	British masters champs	Birmingham	09 July 2006
400mH	66.20	Gareth Davies	M35	Southern Mens League	Basingstoke	02 June 2007
400mH	63.10	Ian Marriott	M40	Oxon Champs	Oxford	15 June 1905
400mH	71.50	Nigel Whiting	M50	SAL	Portsmouth	Sunday May 22nd 2016

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Events	Time Distance	Name		Fixture	Venue	Date
4 x 100m	48.60	Tim Osman, Dominic Swords, Charlie Sutton, Tony P-B		VETS west division	Abingdon	09 May 2005
4 x 200m Relay	1;46.0	,Charlie Sutton, Tony Palman-Brown, Tim Osman, Richard Hart		Vets League - West Div	Bracknell	03 July 2006
4 x 400m Relay	3;52.8	Unknown		Vets Match - Final	Battersea	03 September 2006
4 x 400m Relay	3;45.0	Tim Osman, Gareth Davies, Roger Bradley, Steve Overton		Vets Match - Final	Ashford	19 August 2007
Medley Relay	4;08.9	Charlie Sutton, Tim Osman, Steve Overton, Steve Male		Vets League - West Div	Bracknell	18 June 2007
Long Jump	6.35	Gareth Davies	M35	Southern Mens League	Portsmouth	14 July 2007
Long Jump	5.46	Ian Marriott	M40	BVP		1993
Long Jump	4.79	Christopher Padmore	M50	Vets League - Final	Ashford	19 August 2007
Long Jump	3.78	Bruce Charles	M60	Vets League - West Div	Tilsley	08 May 2006
High Jump	1.70	Matthew Reece	M40	County Champs	Oxford	13 May 2012
High Jump	1.50	Tony Palman-Brown	M45	Southern Athletics League	Perivale	Saturday August 2nd 2014
High Jump	1.35	Tony Palman-Brown	M50	Southern Athletics League	Bracknell	Sunday May 22nd 2016
High Jump	1.15	Bruce Charles	M60	VETS final	Battersea	11 September 2005
Triple Jump	13.09	Gareth Davies	M35	Southern Mens League	Basingstoke	02 June 2007
Triple Jump	12.79	Gareth Davies	M40	Southern Mens League	Battersea	20 July 2013
Triple Jump	9.25	Nigel Whiting	M50	Southern Athletics League	Kingston	Saturday August 20th 2016
Pole vault	3.20	Ian Marriott	M40	BMA Decathlon	Sheffield	1994

Pole Vault	2.80	Bruce Hendrie	M50	British Masters Champs	Birmingham	28 July 2007
Pole Vault	1.80	Bruce Charles	M60	Vets League - West Div	Oxford	21 May 2007
Shot (4Kg)	9.99	Barrie Strange	M70	open	Abingdon	27 March 2005
Shot (5Kg)	10.53	Dave Kuester	M60	Vets League - West Div	Tilsley	19 June 2006
Shot (6Kg)	8.84	Richard Hart	M50	SCvAC	Ashford	04 September 2011
Shot (7.26Kg)	9.46	Ian Marriott	M40	BMA Decathlon	Sheffield	1994
Discus (1Kg)	30.19	Barrie Strange	M70	open	Banbury	17 April 2005
Discus (1Kg)	37.06	Ian Marriott	M60	Cheltenham Midsummer Oper	Cheltenham	18th May 2015
Discus (1.5Kg)	29.00	Malcolm Taylor	M50	county champs	Abingdon	14 May 2005
Discus (1.5Kg)	29.25	Richard Hart	M55	Barrie Strange Memorial Throv	Horspath	Sunday March 19th 2017
Discus (2Kg)	25.70	Pete O'Keefe	M50	VETS west division	Oxford	21 May 2007
Discus (2Kg)	31.32	Ian Marriott	M40	BVP		1993
Javelin (600g)	36.91	Dave Kuester	M60	British Masters Champs	Birmingham	28 July 2007
Javelin (700g)	29.17	Malcolm Taylor	M50	county champs	Abingdon	14 May 2005
Javelin (800g)	37.52	Michael Barough	M35	SAL	Yeovil	14th April 2018
Javelin (800g)	39.57	Michael Barough	M40	Southern Athletics League	Ashford	30th September 2018
Hammer (7.26Kg)	25.90	Tony Palman-Brown	M40	Vets League - West Div	Abingdon	Monday May 5th 2008
Hammer (7.26Kg)	28.82	Gary Walters	M45	Barrie Strange Memorial Throv	Horspath	Sunday March 19th 2017
Hammer (6Kg)	29.17	Malcolm Taylor	M50	county champs	Abingdon	14 May 2005
Hammer (5Kg)	31.70	Malcolm Taylor	M60	British masters champs	Birmingham	09 July 2006
Hammer (4Kg)	21.33	Barrie Strange	M70	Vets League - West Div	Tilsley	08 May 2006
Pentathlon	2795	Ian Marriott	M40	BMP		1993
Decathlon	5405	Ian Marriott	M40	BMD	Sheffield	1994