

Oxford City Athletic Club – Horspath Track



CORONAVIRUS CODE OF CONDUCT

1. This Code of Conduct applies from October 1st 2020 until further notice.
2. Read these instructions carefully and make sure that you and your parent or guardian is familiar with the new rules and procedures.
3. Conduct a wellbeing check and do not attend training if you or any of your household are exhibiting or have exhibited any symptoms of COVID-19 in the last 14 days. Follow Government guidelines on how long you should wait before attending training.
4. Before leaving home wash your hands with soap and water for 20 seconds or use hand sanitiser if soap and water are not readily available.
5. Arrive 10 minutes before your training session and enter via the clubhouse, or the side gate when the club house is closed, pausing only to wash your hands or use the hand sanitiser provided before joining your training group. You should not go upstairs to the club room. Leave the track as soon as possible after your session finishes – do not pause to sit around talking with friends. In other words, try to spend as little time as possible in the vicinity of the track.
6. Travel directly to training from home, avoiding lift shares if possible, and park only in areas designated for your parking.
7. Maintain social distancing guidelines at all times by strictly following the guidance and directions of your coach and the club's COVID Officer.
8. Parents and guardians should not enter the track area unless they are assisting a coach, and have read and followed these rules. Parents may stay to watch training, but must remain socially distanced and should not remain at the track if there are already more than 20 spectators at track side.
9. The toilets and common areas inside are now open, and will be cleaned at the beginning and end of every session. Please wash your hands after using the toilet.
10. Equipment may be taken from the stores and used, but must be cleansed after use and before being returned to the store. Please use the cleaning equipment provided under the guidance of your coach.

11. Inform a coach or the COVID Liaison Officer if you become unwell during training; seek help and arrange to leave the track without interacting with other users.
12. As this is a Coronavirus Secure venue, training can be in groups up to 12.
13. Make sure that you have a valid track pass before coming to the track to train.
14. Ask if there is anything you don't understand and the COVID Officer or coaches will explain or clarify their instructions

Very important: Parents/Guardians must ensure that emergency contact details held by the club the club membership database are up to date - you can check easily by logging into your account on the club website.

Richard Hart, Designated Covid Officer

THIS TRACK IS OPERATED BY OXFORD CITY AC