

SOUTHERN ATHLETICS LEAGUE Division 3 North Sandy
18/05/2019
100m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	T	GIBBS Ben	Thurr	11.5	607
2	I	WHEELER Daniel	Ilford	11.7	552
3	N		NEB	11.7	552
4	O	BAROUGH Michael	OxfC	11.9	500
5	J	CROUCH Alex X	W Suff	12.1	451
6	G	MURPHY Adam	Bigg	13.7	163

100m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	TT	CUTHBERT Regan	Thurr	11.5	607
2	NN	FRANCIS Marley X	NEB	11.8	526
3	II	WILLIAMS Wanya Y	Ilford	11.9	500
4	JJ	MICHAEL Lucas X	W Suff	12.6	342
5	OO	STOTT Jon	OxfC	12.8	304
6	GG	BLUNT Michael	Bigg	14.2	107

200m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	I	DOBRESCU Mario X	Ilford	22.5	743
2	J	CROUCH Alex X	W Suff	23.8	557
3	O	BAROUGH Michael	OxfC	23.9	544
4	G	RAYNER Tristan Y	Bigg	24.0	531
5	N	OSINOIKI David X	NEB	24.9	424
6	T	MORALES Samuel Y	Thurr	25.0	413

200m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	II	WILLIAMS Wanya Y	Ilford	24.0	531
2	OO	HANDSCOMBE Will	OxfC	24.3	494
3	TT	FARMER Jack	Thurr	25.1	402
4	JJ	MICHAEL Lucas X	W Suff	25.9	321
5	NN		NEB	26.7	250
6					

400m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	I	AKINPELU Jordan Y	Ilford	53.5	
2	T	CUTHBERT Regan	Thurr	53.6	80
3	O	HANDSCOMBE Will	OxfC	54.5	80
4	N	ABASS Emmanuel X	NEB	54.9	80
5	J		W Suff	59.1	80
6	G	BLUNT Michael	Bigg	68.6	80

400m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	II	MALEKOUT Sam	Ilford	53.1	588
2	TT	MORALES Samuel Y	Thurr	56.0	449
3	OO	MEREDITH Ryan	OxfC	59.1	323
4	NN	OMER Mubarik X	NEB	59.5	309
5					
6					

800m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	I	RICHARDS Alex	Ilford	01:59.2	688
2	T	WHEELER Leon Y	Thurr	01:59.9	671
3	O	MEREDITH Ryan	OxfC	02:16.3	336
4	G	SWINBURNE Elliott X	Bigg	02:16.5	332
5	J		W Suff	02:37.4	91
6					

800m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	TT	PARKER Harry X	Thurr	02:12.0	410
2	OO	HOGGER Drew X	OxfC	02:17.7	313
3	GG	READ Adam X	Bigg	02:18.6	299
4	II	PARRIS Sebastian	Ilford	02:23.2	235
5					
6					

1500m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	I	RICHARDS Alex	Ilford	04:07.5	666
2	T	EXLEY Jack Y	Thurr	04:08.2	658
3	N		NEB	04:37.5	386
4	O	HOGGER Drew X	OxfC	04:50.6	292
5	G	DAY Stephen Y	Bigg	05:00.0	234
6	J		W Suff	05:41.5	64

1500m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	TT	NEWELL Taylor Y	Thurr	04:13.2	2570
2	GG	MURPHY Adam	Bigg	05:01.0	2263
3	OO	KRALIK Vladimir	OxfC	05:19.8	2147
4					
5					
6					

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3000m Men A

Posn	No.	Athlete	Club	Perf
1	I	GARDNER Tom	Ilford	09:07.1 2101
2	O	WATANABE Shun	OxfC	09:50.8 1904
3	T	DOYLE Robert	Thurr	10:17.9 1787
4	G	PILLINGER Nic	Bigg	10:21.4 1772
5				
6				

3000m Men B

Posn	No.	Athlete	Club	Perf
1	II	PRIOR Mungo Y	Ilford	09:24.8 908
2	TT	ABATI Adedapo	Thurr	10:20.4 698
3	OO	KRALIK Vladimir	OxfC	11:33.6 462
4	GG	COOKE Paul	Bigg	12:57.0 250
5				
6				

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	T	SHORTALL Michael	Thurr	15.9 722
2	O	WHITING Aidan	OxfC	16.4 671
3	G	-	Bigg	21.3 266
4				
5				
6				

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1	TT	GIBBS Ben	Thurr	20.8 300
2				
3				
4				
5				
6				

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	T	SHORTALL Michael	Thurr	58.7 683
2	I	MALEKOUT Sam	Ilford	62.3 574
3	G	-	Bigg	74.2 280
4	N	GOULD Leroy	NEB	89.7 49
5	O	HART Richard	OxfC	113.3
6				

400m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1	TT	FARMER Jack	Thurr	68.4 411
2	II	WHEELER Daniel	Ilford	70.8 354
3				
4				
5				
6				

3000m S/Chase Men A

Posn	No.	Athlete	Club	Perf
1	OO	WATANABE Shun	OxfC	10:53.6 7580
2	T	MORALES Samuel Y	Thurr	11:43.2 7580
3	G	ARNOLD Charles	Bigg	13:39.0 7580
4				
5				
6				

3000m S/Chase Men B

Posn	No.	Athlete	Club	Perf
1	O	MEREDITH Ryan	OxfC	11:20.9 499
2	TT	BALL Steven	Thurr	13:55.8 138
3				
4				
5				
6				

High Jump Men A

Posn	Bib	Athlete	Club	Perf
1	T	CUTHBERT Regan	Thurr	1.95 802
2	II	WHEELER Daniel	Ilford	1.85 719
3	O	INCE Ben X	OxfC	1.75 636
4	JJ	KENT Chris	W Suff	1.60 511
5	GG	-	Bigg	1.45 385
6	NN		NEB	1.30 259

High Jump Men B

Posn	Bib	Athlete	Club	Perf
1	I	ABIDEKUN Fidunu X	Ilford	1.75 636
2	J	ALLEN Luke	W Suff	1.45 385
3	G	ARNOLD Charles	Bigg	1.35 301
4	OO	HART Richard	OxfC	1.30 259
5	TT	INSTANCE Nigel	Thurr	1.20 174
6				

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Pole Vault Men A

Posn	Bib	Athlete	Club	Perf
1	N	KINGMAN Robert	NEB	3.40 569
2	G	-	Bigg	2.60 393
3	J	WATTS Fraser	W Suff	2.40 348
4	O	PALMAN-BROWN Anthony	OxfC	2.40 348
5	I	MALEKOUT Sam	Ilford	2.20 302
6				

Pole Vault Men B

Posn	Bib	Athlete	Club	Perf
1	OO	WHITING Nigel	OxfC	2.20 302
2	II	HONEY Roger	Ilford	1.80 208
3	NN	GOULD Leroy	NEB	1.73 192
4				
5				
6				

Long Jump Men A

Posn	Bib	Athlete	Club	Perf
1	II	DOBRESCU Mario X	Ilford	6.26 705
2	O	WHITING Aidan	OxfC	5.65 585
3	T	GIBBS Ben	Thurr	5.65 585
4	G	RAYNER Tristan Y	Bigg	5.29 515
5				
6				

Long Jump Men B

Posn	Bib	Athlete	Club	Perf
1	I	AKINPELU Jordan Y	Ilford	5.78 611
2	TT	SHORTALL Michael	Thurr	5.46 548
3	GG	-	Bigg	4.57 375
4	OO	HART Richard	OxfC	3.46 166
5				
6				

Triple Jump Men A

Posn	Bib	Athlete	Club	Perf
1	O	WHITING Aidan	OxfC	11.59 584
2	T	GIBBS Ben	Thurr	11.44 569
3	I	ABIDEKUN Fidunu X	Ilford	11.18 543
4				
5				
6				

Triple Jump Men B

Posn	Bib	Athlete	Club	Perf
1	TT	SHORTALL Michael	Thurr	11.11 536
2	OO	WHITING Nigel	OxfC	8.97 300
3	II	WHITING Peter	Ilford	7.20 49
4				
5				
6				

Shot Men A

Posn	Bib	Athlete	Club	Perf
1	O	MCCAULEY Stephen	OxfC	14.59 890
2	JJ	ALLEN Jake	W Suff	10.76 637
3	I	MALEKOUT Sam	Ilford	9.78 564
4	T	GIBBS Ben	Thurr	9.25 522
5	GG	STRONG Simon	Bigg	6.27 236
6				

Shot Men B

Posn	Bib	Athlete	Club	Perf
1	OO	STOTT Jon	OxfC	11.26 673
2	TT	RAWLINSON Glen	Thurr	8.99 501
3	II	SENIOR Nat	Ilford	8.43 453
4	G	DODDS Nathan Y	Bigg	6.06 210
5				
6				

Discus Men A

Posn	Bib	Athlete	Club	Perf
1	N		NEB	46.95 863
2	O	MCCAULEY Stephen	OxfC	41.64 785
3	J	ALLEN Jake	W Suff	35.13 681
4	G	DODDS Nathan Y	Bigg	32.71 639
5	T	GIBBS Ben	Thurr	28.14 555
6	I	MALEKOUT Sam	Ilford	26.42 521

Discus Men B

Posn	Bib	Athlete	Club	Perf
1	GG	-	Bigg	28.22 557
2	OO	WALTER Gary	OxfC	26.06 514
3	TT	INSTANCE Nigel	Thurr	20.83 399
4	II	WHITING Peter	Ilford	18.23 332
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 3 North Sandy

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Hammer Men A

Posn	Bib	Athlete	Club	Perf
1	J	ALLEN Jake	W Suff	45.66 779
2	O	MCCAULEY Stephen	OxfC	37.85 685
3	T	GIBBS Ben	Thurr	29.89 578
4	G		Bigg	16.81 354
5	II	HONEY Roger	Ilford	16.45 347
6				

Hammer Men B

Posn	Bib	Athlete	Club	Perf
1	OO	WALTER Gary	OxfC	24.78 500
2	TT	INSTANCE Nigel	Thurr	18.92 397
3	GG		Bigg	14.92 312
4	I	MALEKOUT Sam	Ilford	14.37 299
5				
6				

Javelin Men A

Posn	Bib	Athlete	Club	Perf
1	G	DODDS Nathan Y	Bigg	45.59 693
2	T	RAWLINSON Glen	Thurr	42.33 648
3	I	MALEKOUT Sam	Ilford	41.46 635
4	O	WALTER Gary	OxfC	37.89 584
5	J	KENT Chris	W Suff	5.18
6				

Javelin Men B

Posn	Bib	Athlete	Club	Perf
1	II	AKINPELU Jordan Y	Ilford	34.35 530
2	TT	INSTANCE Nigel	Thurr	29.20 448
3	GG	-	Bigg	26.24 398
4	OO	WHITING Nigel	OxfC	22.25 326
5				
6				

4 x 100m Men A

Posn	No.	Club	Runners	Perf
1	I	Ilford	WHEELER Daniel AKINPELU Jordan Y DOBRESCU Mario X SENIOR Nat	45.1
2	T	Thurr	SHORTALL Michael CUTHBERT Regan MORALES Samuel Y GIBBS Ben	46.3
3	N	NEB	0 0 0 0	46.4
4	O	OxfC	WHITING Aidan HANDSCOMBE Will STOTT Jon BAROUGH Michael	49.3
5	G	Bigg	0 0 0 0	51.9
6				

4 x 400m Mixed A

Posn	No.	Club	Runners	Perf
1	O	OxfC	INCE Ben X WALTER Jessica Y DUCKETT Jessica HANDSCOMBE Will	04:14.5
2	T	Thurr	SHORTALL Michael FALL Emily X INSTANCE Hayley Y CUTHBERT Regan	04:38.5
3				
4				
5				
6				